

## A World of Rules & Instructions!



### Tree Climbing can be a challenge

- ▶ Rules are there to protect the climber
- ▶ Instructions make sure the climb can be completed safely.

### STUDENT INTRODUCTION

- ✓ This resource will test your understanding of the rules and features of instructions
- ✓ Answer the questions below using the text on page 3.
- ✓ Then practise writing your own rules and instructions!

1. Why is there a set of rules for climbing the Goodleaf tree?

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2. Why are the rules divided into 2 parts? 'before climbing' & 'after climbing'?

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3. Why must 'long hair be tied back'?

4. If you are unsure of anything or are uncomfortable, what should you do?

5. What are you advised to wear, and why?

6. Find ONE imperative sentence from in the text and write it here:

Now, write your own set of instructions/rules here, on a subject of your choice:

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## RULES OF THE GOODLEAF TREE

### Before Climbing

- On the ground watch for trip hazards and holes
- Make sure you have removed all items from your pockets before you enter the climbing area
- Long hair must be tied back
- Do not enter the climbing area until you are told to
- Once you have got your gear on do not adjust your harness (if it's uncomfortable, tell the

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- Once you have been clipped into the climbing rope do not touch your karabiner (this is the metal clip that attaches your harness to your rope). You will be secured to the climbing rope for the entire duration of the climb
- Beware of scratching yourself on the tree. It is advised that climbers wear long sleeves and long trousers
- Be aware of the potential for swinging into objects (people and the tree)
- Do not touch any other climber or their rope without their permission
- Climber must keep their rope tight and under tension at all times
- Do not climb above your anchor point (where your rope is attached at the top of the tree)
- Do not pull down on the blue knot unless told to do so
- If you are frightened or hurt when you are climbing call for the instructor and then wait for instructions - there will be no fast descents as this can result in damage to equipment or rope burns to climber
- Please tell an instructor if you are worried about anything - you do not have to participate, but you need to let an instructor know if you are concerned about anything

PLEASE REMEMBER TO BE NICE TO THE TREE!

